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## An Integrative Approach to Cancer

Before we can discuss integrative medicine, we must speak the same language, so a few definitions are in order. The word, *integrate*, means to combine or unify while the word, *medicine*, in this context, is broadly defined as diagnosing and treating diseases. Therefore, the term, *integrative medicine*, should mean the combining and unification of different systems of diagnosing and treating diseases.

The 'different systems' referred to include, alternative, naturopathy, homeopathy, allopathy, osteopathy, and traditional medicine.

*Traditional medicine* includes herbal, Ayurvedic, Siddha, Unani, Native American healers, Islamic medicine, traditional Chinese medicine, Hawaiian kahunas, Polynesian, African, South American rain forest shamans and indigenous peoples from all over the world. The World Health Organization (WHO) defines traditional medicine as follows: "the health practices, approaches, knowledge and beliefs incorporating plant, animal and mineral-based medicines, spiritual therapies, manual techniques and exercises, applied singularly or in combination to treat, diagnose and prevent illnesses or maintain well-being." The roots of these venerable systems reach back far in advance of antiquity, predating science, the child born of ignorance and atheism, by untold millennia.

The term, *allopathic medicine* (allos = other), was actually coined by Samuel Hahnemann, the founder of homeopathy. It was a pejorative term meaning that the "regular doctors" who administer chemical toxins to their patients are employing treatment modalities that are unrelated to the condition (disease) and are dangerous. It, now, generally refers to conventional, mainstream, orthodox, scientific or Western medicine. It is a clear sign of ignorance when the term, traditional is used when referring to conventional medicine.

*Alternative medicine* refers to any and all healing practices that fall outside the scope of conventional medicine. This category is, therefore, extremely diverse, encompassing everything from true shamanic healers to naturopaths to homeopaths to yogis to chiropractors to acupuncturists to charlatans selling footbaths; hence it is often thought of as non-evidenced based, non-scientific and ineffective. Quite often now, it is grouped with the term, *complementary medicine*, which actually refers to these very same alternative practices when used only as an adjunct to conventional medicine.

*Complementary and alternative medicine* (CAM) was defined by the CAM office of the National Institute of Health in 1995 as, "a broad domain of healing resources that encompasses all health systems, modalities, and practices and their accompanying theories and beliefs, other than those intrinsic to the politically dominant health system of a particular society or culture in a given historical period."

The operative word in that statement is, **political**. Although not appropriate to the present discussion, it should be kept in mind that often, political power is achieved and maintained by force.

When, in 1993, it was found that one out of three Americans had been to an alternative practitioner, the banks opened their coffers and an explosion of CAM practices furiously and enthusiastically spread throughout the United States. According to the American Hospital Association, the percentage of U.S. hospitals that offered CAM in 2004 was 20% and another 24% of hospitals are actively incorporating these therapies in order to compete.

What has occurred in Western medicine is that rather than truly integrating all of these therapeutic approaches, the political climate is such that conventional medical therapies are considered foundational while the others are considered nice, but not essential.

This is a very dangerous and contrary philosophical position from which to disseminate information and advance therapeutic options, if the intent is to benefit the health and welfare of the people. Without the filter of learned prejudices, it is automatically deduced (a priori) from living on planet Earth that humans are born out of Nature and hence, function according to Natural law. Obviously then, it becomes clear that one must abandon one's common sense and innate sensibilities in order to promote the conventional perspective.

It is Nature and Science, then, that ought to be integrated, if we are to produce an amalgam of wisdom and knowledge to lift our brothers and sisters from the quagmire of disease and ignorance in which they are drowning. This then, the true pandemic of the 21<sup>st</sup> century, is our collective challenge and the 'work' of all those blessed to be in the field of health care.

The World Health Organization (WHO) announced several months ago that cancer would become the leading cause of death worldwide by 2010, not only in industrialized countries, like the United States. It seems that all nations of the globe have become heir to the bitter fruits of technology and further suggests, that cancer may be the child of industrialization or at least, its' intimate companion.

The prototype or model needed to combat this plague, requires, in addition to restoring the bodies innate imperative to heal, the armamentarium that science has produced without its disregard for Nature. There are then, three facets to this truly, *integrative* program

1. **Stop Making Cancer**
2. **Eliminate the Cancer (without harming the person)**
3. **Restore and Empower the Immune System**

### **Stop Making Cancer**

The nature of Nature is to rejuvenate, regenerate and procreate. Therefore, repair and healing are the enduring and relentless conditions of biological entities. When healing is not occurring, there exists an impediment, which may be in the form of something extraneous and toxic to the system or an incompetence resulting from the lack of energy and/or material (nutrient).

Some cells are replaced every 48 hours while others are replaced every 6 to 8 months so that, in effect, we have a new body every year. Ergo, if we had a condition last year and we have that condition this year, we are continuing to produce it. The distinct areas requiring effort to ensure healthy renewal:

- Human Nutrition
- Detoxification
- Physical Exertion
- Psycho-social Equilibrium
- Spiritual Awareness

### **Eliminate Cancer (without harming)**

In order to eliminate the cancer cells in the body without harming the cells that are not only needed for structure and function, but are required for immunity, those biochemical aspects that are unique to cancer must be understood in order to target the cancer and produce as little collateral damage as is possible.

- IPTLD
- Intravenous Vitamin C (ascorbates)
- Glycolytic Pathway Inhibition
- Oxidative Therapies
- Selective Nutritional Restoration of Cells Adjacent to Tumors

### **Restore and Empower the Immune System**

Everyone has cancer cells in their body. New cancer cells are formed everyday. The question is not, “are you going to get cancer”, but “are you going to survive cancer?” Latent (undiagnosed) cancers found at autopsy in deceased individuals indicate that many people die from conditions unrelated to the cancer in their bodies. In order for cancer to become clinically manifest (diagnosable), there must be a decline or inadequacy of the immune system. In addition to the immune enhancing effects derived from adherence to the program, ‘Stop Making Cancer’, there are many, scientifically validated substances that enhance specific areas of immune function related to cancer.

- Medicinal Mushrooms
- Specific Combinations of Vitamins and Minerals
- Specific Amino Acids
- Ozone Therapies
- Stop Making Cancer (protocols)

### **The Healing Center**

In conclusion, it really doesn’t matter how effective anyone or any group is at eliminating cancer, if the one being treated continues to produce cancer.

The implicit relationship between patients and treatment facilities defines the role of the patient as passive and in receipt of treatment. The body is not a mechanical vehicle that can be “dropped off” for repair but rather an unfathomably complex, regenerating, transforming, and vibrant arrangement of electromagnetic energy enlivened by the Divine Breath. What is required, then, for the restoration of balance, is a healing center where the relationship between healer and seeker-of-health is honored to the extent that the seeker is actively undergoing a transformation which will result in optimal functioning, or health.

It is the Healing Center where the diversity of philosophies, therapeutic modalities, interpretation of data and the physical and spiritual disciplines are integrated into a healing resonance. It is a place where differences based on vanity (ego) and greed are abandoned so that those who have fallen ill can be restored to health, our fundamental and collective birthright..

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**For More Information Please Visit:**

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